

# Hillsborough School September Hot Lunch Due by 8/25/2010



## Instructions:

1. Circle selections on the attached menu and keep for your records.
2. Transfer selections onto the attached lunch order form.
3. Fill in your child's name.
4. Make your check payable to Hillsborough School for the hot lunch amount only. One check per family and attach all order forms.
5. Return the check & order form to the front desk.

**Please note there has been an increase of 50 cents per lunch.**

Please remember we are **NOT** accepting day-to-day orders. If you do need an emergency lunch the same day the cost is \$5.00. This must be paid before school begins. Once school begins the cost is \$6.00 and may be a cheese sandwich, **NOT** hot lunch. Sorry, we are unable to issue credits or refunds for missed lunches. The menu is subject to change due to availability.

If your child forgets his/her lunch you will be called. You may bring his/her lunch or he/she will receive a cheese sandwich (or a hot lunch, if available) at the cost of \$6.00. This amount is due the NEXT school day. If the fee is still not paid at the end of the month a \$10.00 late fee will be charged.

Please fill out the attached form and send with your payment.

Thank you.

# September Hot Lunch Order Form

## Due by 8/25/2010



Child's Name \_\_\_\_\_

Date		Extra Entrée (\$2.00)	# of Lunches	
1	_____	Hot Dog	_____	1. \$ 4.00
2	_____	Chicken Stars	_____	2. \$ 8.00
3	_____	Pizza	_____	3. \$12.00
7	_____	Hamburger	_____	4. \$16.00
8	_____	Hot Dog	_____	5. \$20.00
9	_____	Chicken Stars	_____	6. \$24.00
10	_____	Pizza	_____	7. \$28.00
13	_____	Subway	_____	8. \$32.00
14	_____	Hamburger	_____	9. \$36.00
15	_____	Hot Dog	_____	10. \$40.00
16	_____	Chicken Stars	_____	11. \$44.00
17	_____	Pizza	_____	12. \$48.00
20	_____	Subway	_____	13. \$52.00
21	_____	Hamburger	_____	14. \$56.00
22	_____	Hot Dog	_____	15. \$60.00
23	_____	Chicken Stars	_____	16. \$64.00
24	_____	Pizza	_____	17. \$68.00
27	_____	Subway	_____	18. \$72.00
28	_____	Hamburger	_____	19. \$76.00
29	_____	Hot Dog	_____	20. \$80.00
30	_____	Chicken Stars	_____	21. \$84.00

**Please note there has been a 50 cent increase per lunch.**

Total # of Lunches \_\_\_\_\_ Total Amount Due \_\_\_\_\_

Date Received \_\_\_\_\_ Check # \_\_\_\_\_ Amount \_\_\_\_\_

**Check below if you would like the vegetarian option on:**

\_\_\_\_\_ **Tuesdays – Meatless Burger**      \_\_\_\_\_ **Wednesdays – Vegetarian Dog**

# **“Strive for Five”**

## **New Wholesome Changes to our Lunch Menu**

**We are kicking off the new school year with a fresh and healthy approach to eating. Each lunch entree now features a minimum of 1 vegetable and 1 fruit serving per day.**

**Mondays: Subway Turkey Sandwich will now be served on whole wheat bread. Tomato, pickles, and lettuce will be added to the sandwich. Turkey Sandwiches will be served with baked veggie chips, baked chips, or fresh veggie sticks (carrots, celery, broccoli, etc). Fresh, canned, or dried fruit will be served as dessert.**

**(3 vegetable servings, 1 fruit serving)**

**Tuesdays: Carl’s Jr. Hamburgers will now be served on a whole wheat bun (now offering vegetarian meatless burgers too). Tomato, lettuce, and pickle will be added to the burger. Burgers will be served with baked fries or baked sweet potato fries. Fresh, canned, or dried fruit will be served as dessert.**

**(4 vegetable servings, 1 fruit serving)**

**Wednesdays: Turkey Dogs (vegetarian option available) will be served on a whole wheat bun. Hot Dogs will be served with baked veggie chips, baked chips, fresh veggie sticks (carrots, celery, broccoli, etc) or fresh, frozen, or canned vegetables. Fresh, canned, or dried fruit will be served as dessert.**

**(1 vegetable serving (2 with vegetarian option), 1 fruit serving)**

**Thursdays: Carl’s Jr. Chicken Stars will be served with baked fries or baked sweet potato fries. Fresh, canned, or dried fruit will be served as dessert.**

**(1 vegetable serving, 1 fruit serving)**

**Fridays: Veggie Pizza (mushrooms, tomatoes, or olives) will be served with baked veggie chips or fresh veggie sticks (carrots, celery, broccoli, etc). Fresh, canned, or dried fruit will be served as dessert.**

**(2-3 vegetable servings, 1 fruit serving)**

**Please help support our “Strive for Five” campaign in our efforts to encourage student awareness and the importance of eating at least 5 fruits and vegetables every day, while incorporating more whole grains into their daily diets.**

